## ABSTRACT OF THE DISCLOSURE

10

The continuous recording controlling unit 10 performs the continuous recording process and stores VOBUs broadcasted from N hours ago to the current time in the HDD 5. The recording apparatus receives a specification from the user as to which period of the recording between N hours ago and the current time should be retained. The protective attribute setting unit 13 sets a protective attribute to a part of the HDD 5 that corresponds to the period specified by the user. The continuous recording process is performed by overwriting one of the VOBUs recorded on the HDD 5 with a newly obtained VOBU, but the part of the HDD 5 to which the protective attribute is set is protected against overwriting.